

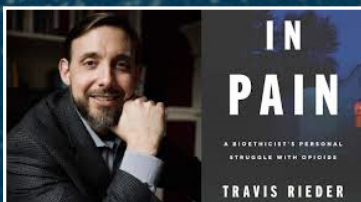
2019

West Virginia Substance Use Disorder Symposium

A multidisciplinary approach

FRIDAY AUG 2, 2019

Charleston Coliseum & Convention Center
Charleston, WV



Keynote with bioethicist
Travis Rieder, PhD
Author of *"In Pain: A
Bioethicist's Personal
Struggle with Opioids"*



Register online at
camcinstitute.org/conference



CAMC
Institute



For updates follow
CAMC Institute on Facebook



Program overview and objectives

As our healthcare system strives to provide compassionate, patient-centered care to every individual, West Virginia's communities continue to experience the effects of the opioid epidemic and substance use disorder. WV SUDS is designed by a multidisciplinary team of physicians, nurses, counselors, legal experts, and pharmacists who are deeply engaged with the affected patients and families. Topics at this conference will include MAT Therapy, working with patients with SUD, Emergency Department SUD management, stigmas, and opioid-related infections. WV SUDS features a Keynote address and discussion with author and bioethicist, Travis Rieder, PhD, of the John Hopkins Berman Institute of Bioethics.

1:00 p.m. Concurrent sessions begin | Concurrent sessions were developed to provide education tailored for specific disciplines, but all sessions are appropriate for all healthcare workers and provide continuing education credits. Please review each program and plan your attendance. *The pharmacist session provides 3 CPE and meets the pharmacy licensing requirements for the 3 hour "Drug Diversion and Best Practices in Opioid Prescribing" training.*

Objectives

By attending this conference, participants should be able to...

- Describe medically assisted treatment and its applications in care settings
- Advise on legal matters regarding vulnerable populations, minors, and discharge policies for non-compliant patients
- Distinguish substance use disorder from physical dependence
- Characterize the symptoms of opioid withdrawal
- Debate the merits of MAT and other recovery techniques and pathways
- Describe best practice strategies for prescribing opioids and pain management
- Discuss appropriate plans for tapering patients who are on chronic opioid therapy
- Advise patients who experience infections related to substance use
- Explain ways to reduce the stigmas associated with substance use disorder
- Recall strategies to combat compassion fatigue and provider burnout
- Relate techniques for applying self-care in stressful work environments
- Illustrate how substance use disorder is managed among professionals in the healthcare workplace



Accreditation

In support of improving patient care, CAMC Health Education and Research Institute is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION



Pharmacy – The CAMC Health Education and Research Institute is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This knowledge based activity provides 7 contact hours (JA0006133-0000-19-043-L04-P). To receive credit, participants must complete the sign-in sheet, attend each activity in its entirety and COMPLETE THE ONLINE EVALUATION WITHIN ONE WEEK following the activity. Statements of Credit will be posted to the online NABP/ACPE CPE Monitor within six (6) weeks after the activity.

Physicians – The CAMC Health Education and Research Institute designates this live activity for a maximum of 7 A.M.A PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses – The CAMC Health Education and Research Institute is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offering has been approved for 7 contact hours. (JA00026-21-19-156) Expiration date is 2 years from the course dates.

Social Workers – (PENDING) CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 7 hours of social work credit. Approval number #490045.

Licensed Professional Counselors (PENDING) – This program has been submitted to the West Virginia Board of Examiners in Counseling for approval of 7 hours of LPC credit.



Program directors and faculty

Conference Chairs

Conference Co-Chair

Lillian Morris, RN, MS, CHSP

Chief Safety Officer
Charleston Area Medical Center
Charleston, WV

Conference Co-Chair

Eric Shouldis, MD

Charleston Area Medical Center
Charleston, WV

Faculty: Listed alphabetically

Keigan Aabel-Brown

MUSBIRT Project Coordinator
Marshall University
Huntington, WV

Loretta Ann Bostic, DNP, MBA, APRN, CRNA

Charleston Area Medical Center
Charleston, WV

Mary Aldred-Crouch, MSW, MPH, LICSW, MAC, AADC

President, West Virginia Association of
Alcohol and Drug Abuse Counselors

Allison Carroll Anderson, Esq.

Associate General Counsel
Charleston Area Medical Center
Charleston, WV

- **Mark Bates, MD, DSC, FACC, FSCAI**
- Director of the Cardiovascular
- Fellowship and Cardiovascular Research
- Advancement
- CAMC Health Education and Research
- Institute
- Charleston, WV
- **Adina Bowe, MD**
- Assistant Professor Behavioral Medicine
- & Psychiatry
- WVU Health Science Center –
- Charleston Campus
- Charleston, WV
- **Marvin “Chip” Capehart, II**
- Associate General Counsel
- Charleston Area Medical Center, Inc.
- **Mark Eickbush MS, RN, NEA-BC**
- Director of Nursing Practice, Quality, and
- Education
- Charleston Area Medical Center
- Charleston, WV
- **Fred Kerns, MD**
- Charleston Area Medical Center
- Charleston, WV
- **Angela F. Hill, Esq.**
- General Counsel
- Charleston Area Medical Center, Inc.
- **Michael Lynch, MD**
- Assistant Professor of Emergency
- Medicine
- Medical Director Pittsburgh Poison
- Center
- Medical Director for Substance Use



Faculty – Continued

Disorder, UPMC Health Plan
Emergency Dept. Attending Physician
University of Pittsburgh Department of
Emergency Medicine
Pittsburgh, PA

Stefan Maxwell, MD

Charleston Area Medical Center
Charleston, WV

T. Pinckney McIlwain, MD

Vice President for Medical Affairs
Chief Medical Officer,
Chief Quality Officer
Charleston Area Medical Center
Charleston, WV

Tauchta Miller, RN, BSN

Addiction Specialist, Opioid Addiction
Program Coordinator
St. Marys Medical Center
Huntington, WV

• **Hani Nazha, MD**
• Assistant Professor Internal Medicine
• and Psychiatry
• West Virginia University Health
• Sciences Center – Charleston
• Campus
• Charleston, WV

Travis N. Rieder, PhD (KEYNOTE SPEAKER)

• Director of the MBE Program; Assistant
• Director of Education Initiatives;
• Associate Faculty; Research Scholar
• Johns Hopkins Berman Institute of
• Bioethics
• Baltimore, MD

Jamie Saber, RN, BSN, CMSRN

• Clinical Manager
• St. Marys Medical Center
• Huntington, WV
•
•
•



Agenda – FRIDAY Aug. 2

The 2019 West Virginia Substance Use Disorder Symposium: A Multidisciplinary Approach

General Session | Parlour A

- 7:30 a.m. Registration, exhibits, continental breakfast
- 8:00 a.m. Welcome and Opening Remarks
Pinckney McIlwain, MD
- 8:15 a.m. Keynote | The Agony of Opioid Withdrawal – and
What Doctors Should Tell Patients About It
Travis Rieder, PhD
- 9:00 a.m. Break and Exhibits
- 9:15 a.m. Opioid Use Disorder: MAT Therapy and Options for
Treatment
Eric Shouldis, MD
- 10:15 a.m. Opioid Related Infections
Fred Kerns, MD
- 11:00 a.m. Legal Panel | Vulnerable Populations
- 12:00 p.m. Break for Lunch
- Substance Use Disorder in the Healthcare Setting
- A Conversation Over Lunch with Travis Rieder, PhD and
Mark Eickbush, MS, RN, NEA-BC

AGENDA CONTINUES NEXT PAGE



Agenda – FRIDAY Aug. 2 – Continued

CONCURRENT SESSION BEGIN

1:00 p.m. Concurrent sessions were developed to provide education tailored for specific disciplines, but all sessions are appropriate for all healthcare workers and provide continuing education credits. Please review each program and plan your attendance. *The pharmacist session provides 3 CPE and meets the pharmacy licensing requirements for the 3 hour "Drug Diversion and Best Practices in Opioid Prescribing" training.*

Physician Session | Location: Parlour A

1:00 p.m. Neonatal Abstinence Syndrome
Stefan Maxwell, MD

1:50 p.m. Break

2:00 p.m. Emergency Department Management of Opioid Abuse
Michael Lynch, MD

2:50 p.m. Break

3:00 p.m. Matters of the Heart
Mark Bates, MD

4:00 p.m. Adjourn

Nursing Session | Location: Room 201 (up the stairs)

1:00 p.m. Disease of Addiction and the Brain
Loretta Anne Bostic, DNP, MBA, APRN, CRNA

1:45 p.m. Break

2:00 p.m. Interacting with Patients with SUD
Taucha Miller, RN, BSN and Jamie Saber, RN, BSN, CMSRN

3:00 p.m. WV Restore
Mark Eickbush, MS, RN, NEA-BC

3:15 p.m. Panel Discussion | Substance Use Disorder in the Workforce "It Can Happen to You"
Moderated by Mark Eickbush, MS, RN, NEA-BC

4:00 p.m. Adjourn



Agenda – FRIDAY Aug. 2 – Continued

CONCURRENT SESSIONS CONTINUED

Pharmacy | Location: Room 202 (up the stairs)

1:00 - 4:00 p.m.

Drug Diversion: From Prescription Drug Abuse to Street Heroin: (The Tale of West Virginia's Drug Abuse Epidemic)
Hani Nazha, MD

This program meets the pharmacist licensing requirements for 3 hours drug diversion and best practices in opioid prescribing.

Social Worker and Counselor Sessions | Room 203 (up the stairs)

1:00 p.m.

Case Presentations for Discussion
Mary Aldred-Crouch, Keigen Aabel-Brown, and Adina Bowe, MD will present substance use disorder patient scenarios and cases for discussion

1:15 p.m.

Compassion Fatigue, Self Care, and Substance Use Disorder
Mary Aldred-Crouch, MSW

2:00 p.m.

Behavior Changes in Patients with Substance Use Disorder
Adina Bowe, MD

2:45 p.m.

What to Ask and What to Say: Communicating with Patients with Substance Use Disorder
Kiegan Aabel-Brown

3:30 p.m.

Case discussions | Moderated by Sharon Jeffrey, MSW

4:00 p.m.

Adjourn



Location

Charleston Coliseum and Convention Center

200 Civic Center Drive
Charleston, WV 25301



Please arrive early and allow time for parking.

From the East:

Take the Virginia Street exit (Exit 58B) on I-64
Stay to the right as you exit, this will put you on Virginia Street
Merge to the far-left lane immediately
Turn left onto Civic Center Drive
Turn right on Quarrier Street
The Parking Building entrance is on the immediate right

From the West:

From I-64 or I-77, take the Washington Street and Civic Center Drive exit (Exit 58C)
Continue straight on Pennsylvania Avenue
Turn left onto Virginia Street
Merge to the far left lane immediately
Turn left onto Civic Center Drive
Turn right on Quarrier Street
The Parking Building entrance is on the immediate right

Parking

Parking is available in the Charleston Coliseum and Convention Center parking garage. Parking fees are the responsibility of the course participant.

If you require special accommodations and/or assistance, please inform us prior to your arrival at the conference.



Accommodations

Participants are responsible for making their own lodging reservations. Convenient lodging may be found at the following locations:

Charleston Town Center

Marriott

200 Lee Street
(304) 345-6500

Embassy Suites Hotel

300 Court Street
(304) 347-8700

Hampton Inn

1 Virginia Street, West
(304) 343-9300

Four Points by Sheraton

Charleston

600 Kanawha Blvd. E
(304) 344-4092



Cancellations and refund policy

Registration fee refunds are available until July 26th, 2019. If you cannot attend, you may elect to send a substitute from your organization. Registration fees can be refunded up to 50% if you cancel on or before July 26th, 2019. Registration fees will not be refunded after July 26th, 2019.

Comfort zone

Although every effort is made to have a comfortable temperature in the meeting rooms, we realize everyone's comfort zone is different. Therefore, please bring a sweater or light jacket in case the room is too cool for our comfort.

Disclosure

It is the policy of the CAMC Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physicians Recognition Award (PRA) Category I or II credit must disclose any financial interest or other relationship (i.e. grants, research support, consultant, honoraria) that faculty member or spouse/partner has with the manufacturer(s) of any commercial product(s) that may be discussed in the educational presentation.

Program planning committee members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee members have disclosed that no relationships exist.



Register online at
camcinstitute.org/conference

Registration form

2019 West Virginia Substance Use Disorder Symposium: A multidisciplinary approach Friday | August 2, 2019

Name _____

Degree/Specialty _____

Address _____

City/State/Zip _____

Home Phone _____ Work Phone _____

Email _____

Hospital/Institution _____

NABP # and DOB (MMDD format) _____

Conference fee: All participants..... Early Bird \$75 until July 1
\$125 after July 1
CAMC employees FREE

The first 100 registrants will receive a copy of Travis Rieder's book — *In Pain: A Bioethicist's Personal Struggle with Opioids*

Please note that payment must accompany registration. Conference fee includes credit processing, lunch and course materials. **Participants are responsible for parking fees.**

You may register online at camcinstitute.org/conference

Method of payment: MasterCard VISA Check enclosed

Account # _____

Expiration date _____ Amount _____

Signature _____

Make check payable to: CAMC Institute
and return to: CAMC Health Education and Research Institute
3110 MacCorkle Ave. SE
Charleston, WV 25304



email: [*institute@camc.org*](mailto:institute@camc.org)
Phone: (304) 388-9960
Fax: (304) 388-9966



Need more continuing education credits?

For upcoming conferences and more information,
visit [**camcinstitute.org/conference**](http://camcinstitute.org/conference)

Watch and earn

We are your resource for Online CEs. Visit our webinar
catalogue at [**camcinstitute.org/education/webinars**](http://camcinstitute.org/education/webinars)



**CAMC
Institute**

Call us: (304) 388-9960

Connect with us on Facebook



CAMC Institute is proud to be jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the health care team.

**CA
MC**